

# Deborah Reber Bio



Deborah Reber has authored and co-authored a number of books for teens, including *Chill: Stress-Reducing Techniques for a More Balanced, Peaceful You* (Simon Pulse, 2008), *In Their Shoes: Extraordinary Women Describe Their Amazing Careers* (Simon Pulse, 2007), the new teen self-help series *Chicken Soup for the Teenage Soul: The Real Deal* (HCI / Scholastic, 2005-2006) and *It's My Life's Friendship Handbook* (PBS's *It's My Life*, 2006). She wrote the column "Truth and Consequences" and was a features editor for the national tween magazine *SIX78th* and currently writes a career column for *Discovery Girls Magazine*.

Deborah created the blog for teen girls, *Smart Girls Know* ([www.smartgirlsknow.com](http://www.smartgirlsknow.com)), where she offers advice, insight, career tips, coverage of news relevant in the lives of teens, and "Smart Girls Know Affirmations" for girls ages 13 on up.

Deborah is also the author of *Run for Your Life: A Book for Beginning Women Runners* (Perigee Books, 2002), as well as numerous children's books based on the hit television show *Blue's Clues*. She is the co-editor and co-publisher of *Bold Ink: Collected Voices of Women and Girls* (WriteGirl Publications, 2003).

Prior to becoming a fulltime author, Deborah worked in children's television, and has developed original programming for Cartoon Network, guided the ancillary business of *Blue's Clues* for Nickelodeon, and produced an international campaign championing children's rights for UNICEF. She is on the Board of Directors for the Seattle Girls School, the Advisory Board for WriteGirl, a one-on-one mentoring program matching teen girls with women writers, and a running coach with the national nonprofit, Girls on the Run.

Deborah lives in Seattle with her husband, son and big, white dog. She is an avid runner, hiker, pianist and gardener.